

Full Report (All Nutrients) 45134404, BANQUET Chicken Fingers Meal, UNPREPARED, GTIN: 00031000109004

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 13:45 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (201g) 201g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	480	239
Protein	g	--	--	17.00	8.46
Carbohydrate, by difference	g	--	--	56.00	27.86
Sugars, total	g	--	--	22.01	10.95
Minerals					
Calcium, Ca	mg	--	--	80	40
Iron, Fe	mg	--	--	2.69	1.34
Potassium, K	mg	--	--	420	209
Sodium, Na	mg	--	--	699	348
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	299	149
Lipids					
Fatty acids, total saturated	g	--	--	4.50	2.24
Fatty acids, total monounsaturated	g	--	--	6.99	3.48
Fatty acids, total polyunsaturated	g	--	--	8.00	3.98
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	50	25

Amino Acids

Other

Ingredients

Breaded Chicken Patties (Chicken, Water, Breader [Wheat Flour, Salt, Dextrose, Spice, Soybean Oil, Whey, Colored With Oleoresin Paprika], Textured Soy Flour, Batter [Wheat Flour, Rice Flour, Salt, Spices], Soy Flour, Soy Protein Isolate, Chicken Skin, Salt, Flavoring, Autolyzed Yeast Extract, Sodium Tripolyphosphate, Dextrose, Fried In Vegetable Oil With BHT), Macaroni And Cheese Sauce (Cooked Macaroni [Water, Durum Semolina {Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid}, Egg Whites], Water, Club Cheddar Cheese [Pasteurized Cultured Milk, Salt, Enzymes, Annatto Coloring], Sweet Whey, Modified Food Starch, Wheat Flour, Soybean Oil, Whey Protein Concentrate, Cheese Flavor [Dehydrated Blend Of Whey, Granular And Blue Cheese {Pasteurized Milk, Culture, Salt, Enzymes}], Sunflower Oil, Maltodextrin, Salt,

Sodium Phosphate, Citric Acid, Lactic Acid], Butter, Salt, Disodium Phosphate, Acetic Acid Esters Of Mono- And Diglycerides, Maltodextrin, Citric Acid, Beta Carotene Blend [Corn Oil, Beta Carotene{Color}]), Fudge Brownie (Sugar, Water, Wheat Flour, Vegetable Oil, Contains 2% Or Less Of: Cocoa Powder, Dry Whole Eggs, Dried Whey, Modified Food Starch, Vanilla Flavor [Water, Ethyl Alcohol, Corn Syrup, Polysorbate 80, Caramel Color], Cellulose, Sodium Bicarbonate). Contains: Wheat, Milk, Soy, Eggs. *Date Last Updated by Company:* 09/08/2016